



Rationale:

NAG 5 requires the school to promote healthy food and nutrition for all students.

Purpose:

The purpose of this policy is to support NAG 5 by:

1. Encouraging students and staff to be responsible for their own health.
2. Encouraging students and staff to eat nutritious food and question their own food choices.
3. To ensure healthy, nutritious food choices are available at school functions, events and through the school canteen.

Scope:

This policy applies to all staff, students and on-site catering contracts.

Guidelines:

1. High standards of hygiene will be maintained at all times when food is prepared for school events or for resale at school events and venues.
2. A variety of foods will be provided, including vegetarian food and foods that are low in fat, sugar and salt. Water will be the only beverage sold in the school canteen.
3. Costs of healthy foods will be kept as low as possible, consistent with the need to cover costs.
4. The purchasing and pricing of canteen goods will be the responsibility of the canteen manager, in consultation with the Executive Officer and Principal when appropriate.
5. Where possible, the school Food and Nutrition Policy will be integrated into the school health programme.
6. The canteen will be encouraged to gain Heart Foundation Awards.
7. Where possible, foods available for school fundraising, at school camps, festivals and sports days will be consistent with this policy.

References or Sources:

1. National Administration Guideline 5
2. Ministry of Health

Review details:

Version No	Action	Date
1	Reviewed CPD, Judd Hawley, KIR	May 2009
1	Approved by SMT	May 2009
1	Ratified by BoT	Jun 2009
2	Reviewed by BoT	Sep 2012
2	Ratified by BoT	Sep 2012
3	Reviewed	Sep 2013
3	Ratified by BoT	Oct 2013
4	Reviewed SMK,MOR	Oct 2016
4	Ratified by BoT	Oct 2016
Review cycle: 3 years		Due for Review: Oct 2019

Management Contact:

Health & Safety Officer